

## **1995 THIRTEENTH ANNUAL PROFESSIONAL SEMINAR - OVERVIEW**

July 22-29, 1995, fifty professional members, guests, and staff members participated in the Thirteenth Annual Professional Seminar—an event pivotal to the future of the Professional Division and The Monroe Institute. At Saturday's opening ceremonies, TMI President Laurie Monroe Chasick dedicated the week's activities to the memory of her father, Robert A. Monroe. That evening she presented a *Creative Agreement* which all participants and staff had an opportunity to sign.

The chosen theme of this year's seminar was "Co-Creating the Reality 1995." Thus challenged, the group proceeded to craft an inspiring and productive synthesis of theme and agreement. From the initial celebration of Robert Monroe's vision and our memories of him, we moved on to an array of presentations demonstrating the applications of that vision. Featured topics included Hemi-Sync® as a catalyst for divergent (creative) thinking, the foundations and continuing evolution of the *POSITIVE IMMUNITY PROGRAM*, designing and marketing Hemi-Sync workshops, research defining "mind awake/body asleep" as a state of consciousness distinct from sleep, Hemi-Sync usefulness for developing stress hardiness, qigong techniques for health and longevity, Hemi-Sync as a tool for enhancing and refining remote viewing skills, peak and other experiences during the *GATEWAY VOYAGE®*, a chance to sample a successful Hemi-Sync workshop, Hemi-Sync as a therapeutic resource for dissociative identity disorder, and an array of success stories gleaned from seven years of Hemi-Sync use in family therapy.

Open Forum sessions spotlighted Hemi-Sync as a resource in games of chance and entrepreneurial ventures and to enhance memory and recall. A group formed to complete development of a research guide for professionals, the basics of eye movement desensitization and reprocessing (EMDR) were presented, and we received an update on TMI's expanding claim in cyberspace. A shamanic journey was inserted into "free" time by popular acclamation, as was in-depth exploration of qigong methods. As in past years, a number of individuals used PREP sessions to travel down personal co-creative paths.

The sense of community was strengthened by Thursday's tape day intensive and expressed itself in an evening of exuberant song and dance with *The Naturals*. At 10:30 pm, the musical celebrants broke off an hour-long creative jam session to help load the last of the sound equipment into the van.

The week was characterized by an easy flow and camaraderie which bodes well for the future of The Monroe Institute and its associates. On Friday morning, President Chasick, staff

members, and the Board of Advisors met to outline plans and lay the groundwork that will make the creative ideas shared here a reality.

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